



Yackandandah Kindergarten

30 Isaacs Avenue

Yackandandah VIC 3749

Ph: 02 6027 1560

Email: Yackandandah.kin@kindergarten.vic.gov.au

www.yackandandahkinder.com.au



Yackandandah Primary School

39 High Street

Yackandandah VIC 3749

Ph: 02 6027 1431

Email: Yackandandah.ps@edumail.vic.gov.au

www.yackaps.vic.edu.au



TERM 1, 27TH APRIL 2021

WHAT IS A 'FRIEND'?

Pre-school children learn through everyday play and experiences. They are **beginning** to think about other children's feelings and are learning the **qualities** of what being a "friend" means.

They are also learning the skills to be a "friend". Here are just a few:

- Taking turns and sharing.
- Including other children's ideas in play.
- Gaining an understanding of how others may be feeling.
- Using words to describe thoughts and feelings.
- Playing group games eg. families, superheroes and copying adult behaviour.
- Learning how to make and use rules for their play.

True friendship bonds aren't usually formed until later in a child's life. At preschool, children are learning the skills of how to be social. We are all learning to be "friends" at preschool and everyday experiences help us build the skills required for social interaction.

At this stage of the year, the children are still learning each other's names. Throughout the day, preschool educators are helping the children to do this. At group times, children are participating in songs and activities using each other's names.

We encourage parents/caregivers at the end of a preschool day to ask questions such as "What amazing things happened today?" or "What did you like doing the most at kinder today?", rather than asking children to try to remember the names of the many others who they have played with or next to - this will most likely happen naturally after a while!

A fantastic book about social skills, 'friends' and friendship during play:
"Friendship is like a Seesaw"

A Big Hug Book Written by: Shona Innes Illustrated by: Irisz Anocs



Term 2 Calendar Dates



- 01 Apr: FINAL DAY OF KINDER. EARLY finish time of 2.15pm
- 19 Apr: FIRST DAY OF TERM 2
- 4 May: Leigh's 4yo Group excursion to Beechworth
- 6 May: Eliza's 4yo Group excursion to Beechworth
- 7 May: FINAL DAY FOR RETURN OF PHOTO ORDERS
- 10, 11, 12 & 14 May: Kinder Photo Days
- 11 May: 5.30pm Sub Committee of Management Meeting
- 17 May: Tuning into Kids Info Sessions [17/5, 24/5, 31/5 & 17/6]
- 19 May: 11.00 National Simultaneous Storytime Book reading
- 20 May: Healthy Achievement Team's Pyjama Breakfast
- 27 May: 5.30pm - 6.30pm School Readiness Parent Information Night
- 8 June: 5.30pm Sub Committee of Management Meeting
- 14 June: Queens Birthday Public Holiday - No Kinder
- 23 June: FREE DENTAL SCREENINGS OFFERED BY AW HEALTH
- 25 June: FINAL DAY OF KINDER EARLY finish time of 2.15pm

WEDNESDAY 5-HOUR PROGRAM DAY CHANGE

From Wednesday, 5th May our 3yo educator Anna Webb will be stepping back from teaching on this day. Anna has been sharing the 3yo Mon-Wed-Fri program with Jane Murphy and is now taking the time to step back and give greater attention to family business demands. Anna will still continue in her role as our Educational Leader and Jane will now teach all 3 days of the program. Wednesday, 28th April is Anna's last day in the classroom and her zany enthusiasm will be sorely missed.

TUESDAY BUSH KINDER PROGRAM UPDATE

From a germ of an idea Marisel had 3 weeks prior to the commencement of Term 1, our Bush Kinder Program has taken off quickly. The stand-alone non-funded program day was embraced by families from within and outside of our community and we launched its first day on 2nd February. Currently the program is at capacity for staff: children ratios, but we do have a Wait List. Interested families can contact the office to submit an EOI.

KINDER PHOTOS DAYS: 10TH, 11TH, 12TH & 14TH MAY

PHOTO ORDER ENVELOPES ARE DUE BACK TO KINDER BY FRIDAY, 7TH MAY.

CHILDREN PLEASE WEAR THEIR KINDER T-SHIRT OR A SOLID COLOUR T-SHIRT

[avoid printing on clothes]. Please remember that we have a fun and busy day ahead of us on these dates, so don't come in dresses or uncomfortable clothes.

If you are not interested in having photos taken of your child, please return the photo order envelope with your name on it and the words NO PHOTOS REQUIRED to Jen in the Office.

IF YOU NEED ANOTHER PHOTO ENVELOPE - PLEASE SEE JEN ASAP IN THE OFFICE.



KINDER UNIFORM STOCK SHORTAGES

It seems our two favourite uniform colours are pink and purple!!

As a consequence of such enthusiasm, we are currently out of stock in **Size 4 purple t-shirts** and **Size 4 hot pink windcheaters**. We have uniforms on order from the supplier but they will not arrive until June. Our apologies for any inconvenience. Don't forget we have other colours in both sizes you can order.

FOR THE CALENDAR: QUEEN'S BIRTHDAY PUBLIC HOLIDAY - 14TH JUNE. NO KINDER THIS DAY.



THE HAPPIEST OF APRIL BIRTHDAY WISHES TO...

Zoe, Joni, Hughie, Sebastien & Layla

2022 KINDERGARTEN ENROLMENTS OPENED ON 12TH APRIL 2021

From 12th April, our 2022 enrolment paperwork [application forms and Parent Handbook] were made available from the kinder website and from the sign-in desk on the verandah. If you are interested in enrolling your child in either the 3 Year Old or 4 Year Old funded programs and/or the 3yo & 4yo Tuesday Bush Kinder or Wednesday & Friday non-funded 4 Year Old Programs, please complete an ENROLMENT APPLICATION form and return it to Jen in the office – either via email, post or by hand. Completing a 2022 enrolment form ensures that your child's name will be placed on our pre-enrolment list and you will be contacted to arrange an interview in July.

CSU STUDENTS ON PLACEMENT WITH US IN TERM 2

We look forward to welcoming two Charles Sturt Uni students on placement – no doubt parents will see them in the classrooms.

- Nathan Jeffries: 1st year student taking observations on Fridays in Jane & Tristy's classrooms
- Olivia Martin: 3rd year student Monday – Fridays and being mentored by Leigh Dinter.

NATIONAL SIMULTANEOUS STORYTIME BOOK READING

We are reading this book with our children on Wednesday, 19th May. Parents are welcome to come along and listen with us. Children – feel free to come along dressed for space!!



OUR CARDBOARD CONSTRUCTION ENGINEERS

The children are enjoying their box collage experiences at Kindergarten.

The children are open to new challenges and discoveries LOC 1 and are making connections between experiences, concepts and processes LOC 4. We have introduced started box construction with glue and basic collage materials, leaving the experience open to add more and eventually tape.

Box construction is open ended- it's an activity to enhance the children's thinking and doing skills with possibly some Educator guidance. It will continue until the end of term as the children are still enjoying it. How tricky is it to use masking tape for our artwork?

The children have been putting into use their fine motor skills to manipulate equipment & tools with increasing competence. Well done for giving it a go!



James D [pictured left] in Eliza's 4yo group made the most amazing castle and you will regularly find Amaya, Billie and Dylan [pictured right] at the construction table focussed on creating fairytale items such as swords, unicorns and drawbridges.



A trip down memory lane ... An excerpt from the June 2014 Newsletter

The Yackandandah Kinder is progressing as expected however the RAINY weather is causing some difficulties around the site. The mud is making it tricky to access some areas. As you can see in the photos (and may be able to see from the road if you drive or walk past) the roof is on and the decking is completed. The builders are starting to work on the outside cladding so we will see the walls start to take shape soon. Internally the electrical and the plumbing work has been completed in preparation for the walls.

So, things are really starting to take shape and we are all looking forward to seeing the completed project over the coming months.



MOTHER'S DAY POP-UP SHOP

OPERATING IN THE FOYER
ALL WEEK

So many wonderful gifts your child
could choose, from our display.
Perhaps they may like to bring
along some gold coins and find a
treasure for their mum, grandma
or special person.



THANK YOU to our staff and families
who have generously donated their crafts
and other items to our annual Mother's
Day Stall. Thank you also to Donna, Cassie
& Sloane for arranging the gifts so
beautifully.

SUNDAY, 9TH MAY

ABSENCES FROM KINDER – please do let us know

If your child is going to be absent, please inform us. If it is because of illness that requires exclusion from kinder, we are then required (as per our licence) to inform other parents. Please phone us on 02 6027 1560, via Kindyhub or email yackandandah.kin@kindergarten.vic.gov.au.

Health and Wellbeing – APRIL 2021

Welcome to term 2! We hope you have all had a great break. This month's newsletter will once again look at a number of different health areas to support staff, children and families to stay healthy and create healthy environments for all. As we have a focus on Tobacco Alcohol and other drugs – please refer to the information below. Make sure you share with family and friends if they are needing support in any area of health.

Mental Health & Wellbeing

Beyond Blue



If you are looking for support or more information about mental health – look at Beyond Blue for information about how to look after yourself, access online support and facts about mental health.

<https://www.beyondblue.org.au/>

Tobacco Alcohol & Other Drugs

QUIT

Thinking about quitting smoking? Not sure where to start? You can call Quitline on 13 7848 and Quit can help you.

To find out more visit: Quit Line <https://www.quit.org.au/>

Physical Activity & Movement

What is Active Travel?

Active travel means walking, cycling, scootering, skateboarding or any similar transport where human energy is spent to travel. The health benefits of active travel are well recognised, particularly as an alternative to motorised or sedentary forms of transport. You can consider walking to and from the kindergarten with your children. There are health benefits for the whole family. How do you start?

- Plan the route as a family. Learn which streets are safest. When you're comfortable with the planned path, try the journey as a family on a weekend.

Think about how you can walk safely to kinder and reap the benefits!

For more information: <https://www.victoriawalks.org.au/children/>

Sun Protection

Don't forget to remain vigilant with your sun protection for you and your family. At the footy, walking in the north east, riding your bike and

For more tips and key messages for parents & carers check out the [SunSmart Victoria Website](#)

Healthy Eating & Oral Health



Eat a rainbow

Many children do not eat enough fruit & vegetables. Younger children can be reluctant to taste new foods, creating stress for the parents. The idea of eating a rainbow uses the appeal of fruit & vegetables colours to encourage children to try new foods.

'Eating a Rainbow' of colours & fruit and vegetables also promotes good health. Each colour provides essential vitamins, minerals and phyto-chemicals with special health benefits. Fruit & vegetables also contain fibre for bowel health, and are bulky which helps over eating and too much weight gain.

Activity - Colouring In Sheet - Rainbow: get them to colour the rainbow and name the fruit & vegetables with each colour

Adapted from West Gippsland Health care Group - Health promotion team.

RECIPE FOR THE MONTH

Autumn recipes - 12 Healthy Autumn Recipes

Autumn is well and truly upon us! Remember to cook with ingredients that are in season and this not only helps with reducing food miles, but cooking in season also helps with the budget!

Check out these 12 recipes for the Autumn:

1. Stir fried chicken & mushrooms
2. Tuscan bean soup
3. Roasted beetroot with baby spinach
4. Baked chicken & potatoes
5. Roast pumpkin & fetta and pine nut salad
6. Pork chops with ginger & lime
7. Simple rustic Italian cauliflower & spaghetti
8. Super simple roast pumpkin soup
9. Cauliflower & sweet potato curry
10. Healthy pear & nut muffins
11. Healthy apple cake
12. Poached pears

<https://www.bestrecipes.com.au/easy-dinners/articles/12-healthy-autumn-recipes/ssjbwxbm>

EVENTS/ACTIVITIES: Key dates for your diary

- **PJ BREAKFAST - THURSDAY 20TH MAY - see the poster**
- **WORLD NO TOBACCO DAY 31 May**

Build Your Own Healthy Lunchbox



Packing a healthy lunchbox each day is one of the most important things you can do to help with your children's mood, behaviour and learning.

Pick and mix one tasty option from each of the five core food groups to create a healthy lunchbox every day:

1. **Fruit**
2. **Vegetables, legumes and beans**
3. **Milk, yoghurt, cheese and alternatives**
4. **Lean meats and poultry, fish, eggs, tofu, seeds and legumes/beans**
5. **Grain (cereal) foods**
6. **Plain water**

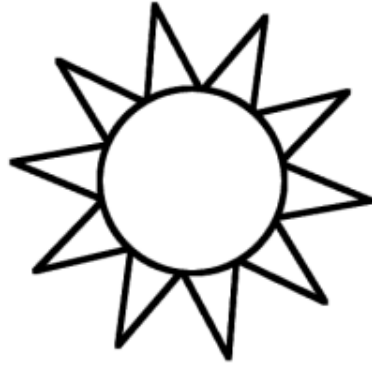


PJ BREAKFAST

Thursday 20 May 2021

Time to come to kinder in your PJs, meet the dietitian and share in a healthy breakfast with your friends.

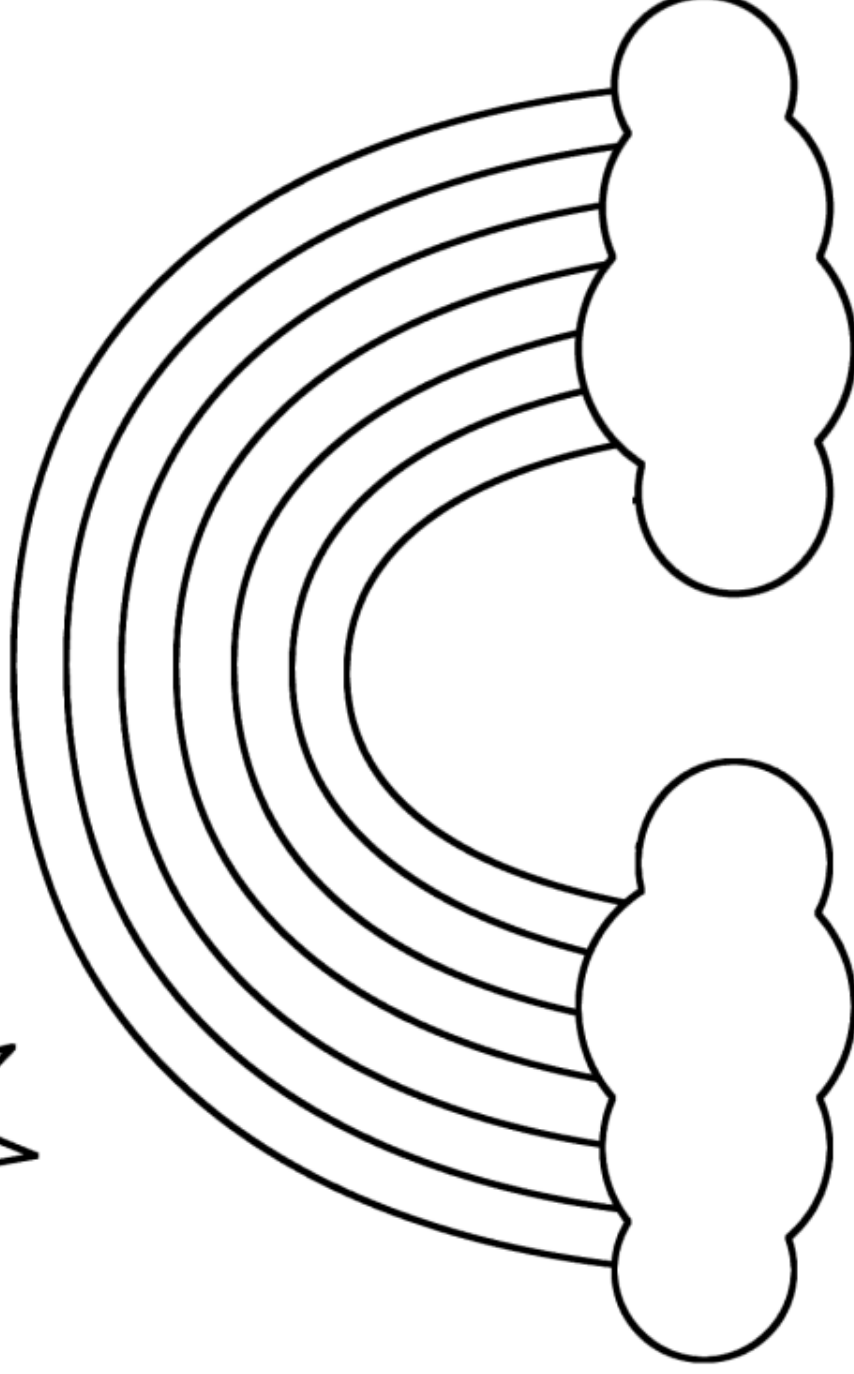
Eat a rainbow every day:



Eating fruits and vegies of different colours helps provide children with all the vitamins and minerals they need.

What fruits and vegies will you add to your healthy rainbow?

For more information go to: <http://www.nutritionaustralia.org/national/resource/eat-rainbow>



WEST GIPPSLAND
HEALTHCARE GROUP
Caring for our Community

Health Promotion Team Ph: 56243500

Term Planner Term 2 – 2021

Term	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	<u>19 April</u> <i>TERM BEGINS</i>	<u>20 April</u>	<u>21 April</u>	<u>22 April</u>	<u>23 April</u>
Week 2	<u>26 April</u>	<u>27 April</u> NEWSLETTER	<u>28 April</u>	<u>29 April</u>	<u>30 April</u>
Week 3	<u>03 May</u>	<u>04 May</u> LEIGH'S 4YO GROUP BEECHWORTH EXCURSION	<u>05 May</u>	<u>06 May</u> ELIZA'S 4YO GROUP BEECHWORTH EXCURSION	<u>07 May</u> LAST DAY FOR Photo envelope order return
Week 4	<u>10 May</u> PHOTOS	<u>11 May</u> PHOTOS Sub-Committee meeting 5.30pm	<u>12 May</u> PHOTOS	<u>13 May</u>	<u>14 May</u> PHOTOS
Week 5	<u>17 May</u> Tuning into Kids 5.30pm – 6.30pm	<u>18 May</u>	<u>19 May</u> 11AM NATIONAL SIMULTANEOUS STORYTIME READING	<u>20 May</u> PJ BREAKFAST NEWSLETTER	<u>21 May</u>
Week 6	<u>24 May</u> Tuning into Kids 5.30pm – 6.30pm	<u>25 May</u>	<u>26 May</u>	<u>27 May</u> School Readiness Info Night 5.30pm – 7.30pm	<u>28 May</u>
Week 7	<u>31 May</u> Tuning into Kids 5.30pm – 6.30pm	<u>01 June</u>	<u>02 June</u>	<u>03 June</u>	<u>04 June</u>
Week 8	<u>07 June</u> Tuning into Kids 5.30pm – 6.30pm	<u>08 June</u> Sub-Committee meeting 5.30pm	<u>09 June</u>	<u>10 June</u>	<u>11 June</u>
Week 9	<u>14 June</u> QUEEN'S B'DAY PUBLIC HOLIDAY	<u>15 June</u>	<u>16 June</u>	<u>17 June</u> NEWSLETTER	<u>18 June</u>
Week 10	<u>21 June</u>	<u>22 June</u>	<u>23 June</u> FREE DENTAL SCREENINGS	<u>24 June</u>	<u>25 June</u> LAST DAY TERM 2 2.15pm finish

TERM 3 COMMENCES ON MONDAY, 12TH JULY

*YOU ARE INVITED TO
ATTEND AN EVENT
PROVIDING VALUABLE
INFORMATION
REGARDING YOUR
CHILD'S FUTURE
PREPARATION FOR
TRANSITION TO
SCHOOL.*

*A POSITIVE
TRANSITION
TO SCHOOL
A SCHOOL READINESS
INFO SESSION ON
27TH MAY 2021*

**Facilitated by Laraine Catlow
of Gateway Health, this one
hour session covers:**

- The concept of school readiness
- Social & emotional / Physical & Independence skills
- Brain development
- Daily routines
- Making the decision
- Starting school – important tips
- Early intervention
- Emotional intelligence
- Checklist

Questions & Answers



**YACKANDANDAH
KINDERGARTEN**

5.30PM – 6.30PM

RSVP 02 6027 1560 or

yackandandah.kin@kindergarten.vic.gov.au

Note: Childcare not available



Tuning into Kids

A 5 week face-to-face program for parents/carers of children 2-10 years of age that helps you tune into your children's emotions and manage their behaviour.

Learn about:

- “Emotion coaching” - helping children to understand and regulate their emotions.
- Responding to your children's individual needs in ways that suit the child and the family.
- Problem solving and managing strong feelings.
- Using children's emotional experiences as an opportunity for connection and teaching.



Yackandandah Kinder
30 Isaacs Ave
Yackandandah

Time: 5:30pm to 7:30pm



Mondays
10th May to 7th June
2021

What do I pay?

FREE



To book or ask a
question phone:
(02) 6027 1560

or email

yackandadah.kin@kindergarte
n.vic.gov.au